THE CAE

MONTHLY NEWSLETTER

Welcome to our latest newsletter update where you'll be informed on all things that happened at The CAE in the month of July. We had our very first staff day this month and it was an amazing time for our teams to bond and get to know each other!
Enjoy this month's update and check out our updated website.

Joy Matibiri, Head of Communications

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OUR WORK IN THE COMMUNITY

We have provided over **240** one-to-one support through our employment, food bank, transport, and wellbeing activities.

Foodbank

The foodbank service is reaching new service users and managed to serve:

- **42** families and **9** individuals with,
- **1041** kg of food. This is equivalent to
- **2492** meals equivalent, and
- **3349** kg of Carbon dioxide savings.

To see what a typical day looks like for our Foodbank delivery team, click here and to make referrals to our Food bank service, email tyrone@caentr.org.

Community Transport

The project continues to grow exponentially and this month we provided;

- **135** Engagements through weekly shop, walk & talk
- **22** individuals took part in Tri-activity
- **13** participants supported through the wellbeing services.

Tri-Activity sessions have grown with individuals successfully learning how to cycle. For a preview on one of the sessions, click here.
If you would like to sign up then contact Colin on colin@caentr.org.

Refugee Women Empowerment (RWE)

15 of the beneficiaries in this project participated in a workshop on diversity and inclusion in the workplace. A vital training as most of them have never worked in the diverse environments present in the UK.

Youth Entrepreneurs Network (YEN)

Our youth team has grown as our work in the community has increased. To meet the team and understand the scope of their work, click here.
If you would like to benefit from these services, kindly contact Amana on amana@caentr.org.

Climate Action

This month we had two fantastic in person events!

Visit to Environment Centre

- We visited the Environment centre with 16 individuals, where we toured the centre and participated in workshops terracycling, planter making and cork boarding. It was a fun day out in the amazing sunshine!

Visit to Swansea Community Farm

- We visited the farm alongside 20 individuals where we saw animals, participated in feed time, picked fresh vegetables, pond dipping for newts, larva and water beetles and the kids enjoyed running through the fields.

Staff Day

On Friday, July 30 we had an amazing staff get away at Go Ape where our teams got to know each other better in a fun environment!

ORGANISATION NOTICES

This month we bid farewell to Saskia Volders who served as the Engagement Officer on the Refugee Women Empowerment project. We wish her all the best in her future endeavours.

We also welcomed Andrew Williams as our Head of Service Delivery and we wish him the best in his new role.

WORK WITH US

We are currently recruiting a project manager on our Climate Action project. Click here for the job description and apply before August, 25.

VOLUNTEER WITH US

If you would like to volunteer with us and benefit from Tempo Time credits then click here to find out more information, or email joy@caentr.org

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- Upcoming events
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UNDEB EWROPEAIDD EUROPEAN UNION
Llywodraeth Cymru Welsh Government
Cronfa Gymdeithasol Ewrop European Social Fund
Swansea University Prifysgol Abertawe
Community Foundation Wales
CRONFA GYMUNEDOL COMMUNITY FUND
giffgaff
WCVA Active Inclusion Fund
CGGC Cronfa Cynhwysiant Gweithredol
Garfield Weston FOUNDATION
LLOYDS BANK FOUNDATION England & Wales
The Moondance Foundation
POSTCODE NEIGHBOURHOOD TRUST
4theRegion WORKING TOGETHER
FareShare fighting hunger, tackling food waste
SYB Swansea Youth Bank Banc Ieuenctid Abertawe