

Welcome to the April update. This was a month of education for our teams as we received Carbon Literacy Training from Cynnal Crymu to equip ourselves to educate our communities on sustainability. Our teams have also been growing as we have welcomed new staff!
Enjoy this month's update!

Yolanda Barnes, Operations Manager

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OUR ACTIVITIES

OUR WORK IN THE COMMUNITY

We have provided **50** one-to-one services this month through our well-being and job coaching services.

We are excited to share that our Foodbank services will be kick-starting in the month of June.
If you would like to join as a beneficiary email tyrone@caentr.org

NEWS BULLETIN

The 411 Podcast

Season 1 of the Podcast has come to an end with a total of **12** episodes, **83** listeners, and **164** downloads.

A listener gave the following feedback;
"I think that the podcast is really good, it is friendly and polite, the studio seems really beautiful too the way it has been made. I love the touchy topics that are spoken about like domestic violence and mental health." Fatiha

Subscribe to our podcast [here](#) and catch up on Season 1.
Follow us on [Twitter](#), [Instagram](#) and [Facebook](#) to keep up to date with our weekly conversations.

Refugee Women Empowerment (RWE)

This service has delivered **16** one-to-one job coaching sessions this month.
Individuals received:

- Job & Training search
- CV writing

Congratulations to one of the participants who recently completed a Start-Up course with Business Wales as a first step on her entrepreneurial journey.

For more information visit our [RWE webpage](#).

Community Transport

The project has been a saving grace to those in the community with;

- **14** one to one services home visits
- **20** engagements through the wellbeing services.

If you would like to sign up then visit the CT [webpage here](#).

Catering Project

There are **23** Live job openings available vacancies in and around Swansea.
Visit the webpage [here](#) for catering opportunities.



GET INVOLVED

New Leaf

- Are you a BAME ex-offender in need of support to access education, training, employment, or training opportunities?

Refugee Housing Support

- Are you facing challenges with your current living situation? In need of assistance in understanding your bills, or at risk of destitution?

Then this service is for you!

If you would like to benefit from these services, contact tyrone@caentr.org

LOCAL EVENTS/OPPORTUNITIES

Community Transport Project

- Mental Health Awareness week (10 - 16 May) - "Walk and Talk Nature Trips"
- 'Run and Cycle' training sessions. Taking place on Wednesdays for families and Sundays for adults.

- *Recreational and coached Basketball sessions.*

Every other Sunday from 2 May.

For these activities, email colin@caentr.org

Free Film Making Training

- May 17 - 21 from 1000 to 1430
Transport costs covered.

To join email

amina.abu-shahba@swansea.gov.uk

WE ARE GROWING

This month we welcomed a Youth Influencer and Engagement Officer and a caseworker heading the [New Leaf, Housing Support](#), and [Foodbank operations](#).

VOLUNTEER WITH US

As our work in the community does not stop, we continue to welcome volunteer applications.

Click [here](#) to apply.

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- Our work in the Community
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- Local events
- Support Local

