

# THE CAE

## MONTHLY NEWSLETTER

Welcome to our November update. It has been such an exciting month full of activities and success for our service users! We are excited to share all this and more with you.

Enjoy this month's update and follow us on [Twitter](#), [Instagram](#) and [Facebook](#) to receive regular highlights.

Joy Matibiri, Head of Communications

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## OUR WORK IN THE COMMUNITY

We have provided over **170** one-to-one support across our services, including;

- **12** individuals were supported through our wellbeing services.
- **4** individuals received housing support
- **4** individuals received support through our core activities.

### **Catering jobs**

We have **6** new and exciting catering opportunities located in and around Swansea. Visit our official webpage [here](#) for the job descriptions.

### **Community Transport**

We had **52** engagements on this project this month providing;

- transport,
- weekly shopping trips and
- well-being trips.

### **Core Activities**

This month we provided **60** one to one services under our core activities. This includes;

- Wellbeing support where **12** individuals were supported
- Visa application support
- Employment support

One of our beneficiaries, whom we successfully supported in her visa and employment applications, was so pleased with the outcome and she gave feedback that, *"thank you so much, the support I have received from you has been the best so far and you have made my dream come true."* D.O

### **Foodbank**

This month we served:

- **29** families and **8** individuals with,
- **413.2** kg of food. This is equivalent to
- **147** meals equivalent, and
- **1205** kg of Carbon dioxide savings.

### **Refugee Women Empowerment**

This project has provided at least **140** one to one services over the past 12 months through;

- Job coaching and cv writing
- Access to training and certification
- Application and interview training

As the project has come to an end in November, a participant said, *"Thank you very much for given me the confidence I needed with the right training, and support."*

**ACTIVITIES**

**Climate Action**

We collaborated with Swansea University's Tree Planting Society in delivering a COP26 forum where **16** young people gathered to discuss the role we can play in curbing the effects of climate change. One of them said, **"thank you for breaking it down for me and helping me understand the part I can play in becoming more eco-friendly."** - PM

Check our [Instagram](#) and [Twitter](#) to catch some of the highlights from this event.

**The CAE Football Tournament**

**52** players attended our Community Football Tournament on November 13 and the day was full of entertainment, networking and great competition. The winning team stated that, **"we have utterly enjoyed today. The sportsmanship and teamwork exhibited by other teams challenged us and we definitely think there should be more events like this in Swansea."**

Check our [Instagram](#) for some of the highlights from this event.

**Criminal Justice Wales focus groups**

We hosted over **9** focus groups with a total of **45** participants who provided feedback on the Criminal Justice in Wales anti-racism plan. These sessions were eye-opening and engaged marginalized groups across Swansea, one of the attendees said, **"I appreciate the opportunity given us at the FGD on Criminal Justice in Wales. I look forward to more educational programmes. Thank you."** - O.O

**Stencil Art Sessions for kids**

We delivered a number of 'Stencilling Art on Fabric' workshops at Bishop Gore school to BTEC and GCSE students in partnership with Melissa Rodrigues. The sessions were successful with students producing the following artwork from scratch:



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2. Meet our volunteers
3. Events in September

