

Welcome to The CAE's final 2020 update. We are pleased to have provided over **1500** one to one services in 2020 and to have been recognised by leading charities and funders as one of the charities that are vital to the community.

Thank you for your continued support and dedication to the success of our organisation. We wish you all a great start to 2021!

Enjoy this month's newsletter!

Yolanda Barnes, Operations Manager

## IN THIS ISSUE

- Our work in the Community
- The CAE News bulletin
- Support local



## OUR ACTIVITIES

### OUR WORK IN THE COMMUNITY

We have provided over **90** one to one support through our employment, foodbank, training and call support services.

Impact of our food delivery services this month;

- **65** families and **2** individuals were served.
- **557kg** of food. This is equivalent to
- **564** meals equivalent, and
- **1090kg** of Carbon dioxide savings.

Rose who made an emergency inquiry to the foodbank gave this feedback. **"Thank you CAE for your speedy service. As a woman who has diabetes, the right diet is important and this is something I have not been able to keep to due to food scarcity. The food you deliver has the right foods for diet! Thank you so much, I really needed this."**

### NEWS BULLETIN

- *Refugee Women Empowerment (RWE)*  
The project started with a bang with **4** women receiving support from Saskia with SD giving the following feedback

***"Thanks Saskia for filling the form with me and that you made everything easier for me! You have been a great help.***

***After two/three sessions I am feeling much better than before, as I was confused about lots of things. Saskia pushes me so I have more motivation after each meeting. I am confident that I will find my way."***

Follow the new RWE Facebook page [here](#) to stay updated.



## **2020 IN A SNAP**

2020 was a phenomenal year of growth and new beginnings for The CAE.

- **1500** one to one services were provided to participants.
- 2 new projects kick-started, namely the '**Foodbank Community Service**' and '**Refugee Women Empowerment**'.
- The CAE was named a #SmallButVital charity by Lloyds bank.
- Held several events that reached over **450** people, both online and in person.

## **UPCOMING NEXT MONTH**

The Youth Entrepreneurs (YEN) podcast will kick-start in January. Follow us on [Twitter](#) and [Instagram](#) so you don't miss the debut.

## **SUPPORT LOCAL**

This month our spotlight is on Sweet Pikin. An online small business run by Christiana Fumeke that sells crochet baby items. Visit her website [here](#).

## **WORK WITH US**

As our work in the community does not stop, we continue to welcome volunteer applications. [Apply here](#).

## **IN THE NEXT ISSUE**

- Our work in the Community
- The CAE News bulletin
- 2021 - what to look forward to

